

Steps To Celebrating Communion

December 26th, 2010

*For I received from the Lord what I also passed on to you: The Lord Jesus, on the night He was betrayed, took bread, and when He had given thanks, He broke it and said, “**This is My body, which is for you; do this in remembrance of Me.**” In the same way, after supper He took the cup, saying, “**This is the new covenant in My blood; do this, whenever you drink it, in remembrance of Me.**”*

For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until He comes.

1 Corinthians 11:23-26

Step One-Spiritual Reflection

1. Reflect on the sacrifice of Christ
 - The reality of His sacrifice (Mark 15:22-37)
 - The reason for His sacrifice (Romans 5:8)
2. Reflect on your personal life
 - The transformation He has already done
 - The continuing need of His transformation

Step Two-Spiritual Awareness-questions to ask

1. What’s my problem?
2. What don’t I let it go?
 - Lack of Demand
 - Lack of Desire
 - Lack of Discipline
 - Lack of Determination

3. How can I let it go?

- Acknowledge that Christ has already paid the price (1 John 2:1, 2)
- He paid the price so that I might have abundant life (John 10:10)

Step Three-Spiritual Renewal

1. Acknowledging Christ's desire to renew my life (John 17:24-26)
2. Choosing to accept renewal (Romans 12:1, 2)

As you come to the table:

Calm your spirit

Confess your sins

Commit your life

My Next Steps Today

I will commit to growing closer God throughout 2011

I will join a small group for the winter 2011 session

I will be involved in ministry at New Hope during 2011