

**“RECOVERING YOUR JOY”**  
**Life’s Healing Choices – Post Campaign Message**  
May 30<sup>th</sup>, 2010

When God’s children aren’t filled with joy, it makes God look \_\_\_\_\_

God wants us to be witnesses with our \_\_\_\_\_

Romans 14:7 (NLT) “For the Kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit.”

We can quickly \_\_\_\_\_ our joy

Lamentations 5:15 (NLT) “The joy of our hearts has ended;...”

Not only is it easy to lose your joy, but it’s also \_\_\_\_\_ to get it back

**How To Recover My Joy**

**1. I need to \_\_\_\_\_ I’ve lost my joy**

Psalm 51:12 (NIV) “Restore to me the joy of your salvation.”

**2. \_\_\_\_\_ the cause**

Lamentations 3:40 (NIV) “Let us examine our ways and test them, and let us return to the Lord.”

***Things that rob you of your joy:***

- An \_\_\_\_\_ schedule
- An unused \_\_\_\_\_
- \_\_\_\_\_ sin
- Unresolved \_\_\_\_\_
- Undernourished \_\_\_\_\_

**3. \_\_\_\_\_ what’s wrong**

The #1 reason people lose their joy is when you know the right thing to do & \_\_\_\_\_  
James 4:17 (NLT) “Remember, it is sin to know what you ought to do and then not do it.”

The secret to continual, abundant, overflowing joy is \_\_\_\_\_

God tells us how to get along in life, but if you \_\_\_\_\_ it, you won’t have joy

Many of God’s commandments seem the absolute \_\_\_\_\_ of human nature  
John 15:10-11 (NIV) “If you obey My commands, you will remain in My love, just as I have obeyed My Father’s commands & remain in His love. I have told you this so that My joy may be in you & that you joy may be complete.”

**4. Think about what’s \_\_\_\_\_ in your life**

Psalm 126:3 (NIV) “The Lord has done great things for us, and we are filled with joy.”

Focusing on the good God has done in your life produces \_\_\_\_\_

Philippians 4:8 (NCV) “Brothers and sisters, think about the things that are good and worthy of praise. Think about the things that are true and honorable and right and pure and beautiful and respected.”

**5. Spend time with God on a \_\_\_\_\_ basis**

Jeremiah 15:16 (NLT) "Your words are what sustain me. They bring me great joy..."

John 16:24 (NIV) "Until now you have not asked for anything in My name. Ask and you will receive, and your joy will be complete."

Psalm 95:1 (NIV) "Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation."

**6. Find a way to \_\_\_\_\_**

Ephesians 2:10 (LB) "God has...given us new lives from Christ Jesus; and long ago He planned that we should spend these lives in helping others."

Acts 20:35 (TEV) "...There is more happiness in giving than in receiving."

**7. Tell somebody about \_\_\_\_\_**

Few things turn you on like being concerned about a friend who isn't a \_\_\_\_\_ yet

Luke 15:7 (NCV) "...I tell you there is more joy in heaven over one sinner who changes his heart and life, than over ninety-nine good people who don't need to change."

**My Next Step Today Is:**

- Of the 7 steps to recovering my joy, this week I'll intentionally focus on # \_\_\_\_\_
- I will memorize Psalm 51:12
- I plan to attend Class 101 "Introduction to Life at New Hope" w/Pastor Russ on Sun, June 6<sup>th</sup>
- I plan to participate in (class name) \_\_\_\_\_ on Wed nights beginning June 23<sup>rd</sup>