



**NEW HOPE COMMUNITY CHURCH**  
**Arts & Sports Academy**  
**MARTIAL ARTS REGISTRATION FORM**  
**Week of October 11<sup>th</sup> – Week of December 17<sup>th</sup>, 2010**



Please check  which class(es) you are enrolling: **Participant:** \_\_\_\_\_

<b>Style</b>	<b>American Kenpo Karate</b> American Kenpo Karate is a system of martial arts characterized by the use of quick moves in rapid-fire succession intended to overwhelm an opponent. It emphasizes both linear and circular movements in punching, striking, kicking, locks and throws. It is largely marketed as a self-defense system and is derived from a blend of Japanese and Southern Chinese martial arts.		
<b>Instructor</b>	Master Francios Dixon, 7 <sup>th</sup> dan (619) 948-4080 www.masterdixon.com		
<input type="checkbox"/>	Karate [Beg. & Int. kids] (Ages 5 – 12)	Mon 7:00pm – 7:50pm	Room 9
<input type="checkbox"/>	Kick Boxing Workout [Int. teens and Beg. & Int. Adults] (Ages 13 & up)	Mon 8:00pm – 8:50pm	Room 9
<b>Style</b>	<b>Capoeira</b> Capoeira is a unique form of martial arts, that incorporates dance, acrobatics, martial arts, and music. You use your mind, body, and soul to play capoeira. Capoeira strengthens and tones your entire body, and gets your adrenalin pumping! Capoeira is a beautiful and captivating martial art for men, women, and children of all ages.		
<b>Instructor</b>	Contra-Mestre Papalegua (619) 495-3743		
<input type="checkbox"/>	Capoeira [Beg. kids class] (Ages 5 - 12)	Tue 6:00pm – 6:50pm	Room 7
<input type="checkbox"/>	Capoeira [Beg. teens & adults] (Ages 13 & up)	Tue 7:00pm – 7:50pm	Room 7
<b>Style</b>	<b>Eskrima Filipino Martial Arts</b> Eskrima is a Filipino weapons combat system teaching use of single stick (baston), double baston, staff and knife fighting. Baston forms and baston fighting drills will be taught in the Beginning kids class during this 10 week program. Single and double baston training offered in the Adult (8:00 pm) class.		
<b>Instructor</b>	Guro Sam Dungca, 7 <sup>th</sup> dan (619) 977-9395 largomano@cox.net		
<input type="checkbox"/>	Eskrima [Beg. & Int. kids] (Ages 7 – 12)	Thu 7:00pm – 7: 50pm	Room 9
<input type="checkbox"/>	Eskrima [Beg. & Int. teens & adults] (Ages 13 & up)	Thu 8:00pm – 8:50pm	Room 9
<b>Style</b>	<b>Ground Fighting Tactics</b> Ground Fighting Tactics is a combination of close range fighting from the styles of Kenpo Karate and Jiu-Jitsu. This particular style of defensive fighting consists of quick hand movements, which also follows through with the use of elbows, palm strikes, hammer fists, knees and kicks to over come your opponent. It emphasizes angles of fighting positions, protection from ground positions or attacks, arm bars, leg locks, chokes, strangle holds and other basic escapes. This form or defense is better known as Mix Martial Arts.		
<b>Instructor</b>	Master Franklin Velasquez, 5 <sup>th</sup> dan (858) 864-8968 shirubia93@yahoo.com		
<input type="checkbox"/>	Ground Fighting Tactics [Beg. kids class] (Ages 6-12)	Mon 6:00pm – 6:50pm	Room 7
<input type="checkbox"/>	Ground Fighting Tactics [Beg. teens & adults] (Ages 13 & up)	Mon 7:00pm – 7: 50pm	Room 7
<b>Style</b>	<b>Shaolin Gung Fu</b> Shaolin Gung Fu is an ancient form of Chinese Martial Arts that helps to prepare your body and mind through a series of physical exercises and stretching. The fundamentals of kicking, striking and blocking or various popular animal systems of offense and defense will be taught. You'll learn effective self-defense techniques from ancient Shaolin training to modern proven street techniques of today's martial arts experts.		
<b>Instructor</b>	Master Franklin Velasquez, 5 <sup>th</sup> dan (858) 864-8968 shirubia93@yahoo.com		
<input type="checkbox"/>	Gung Fu [Beg. kids] (Ages 6 – 12)	Mon 5:00pm – 5:50pm	Room 7
<input type="checkbox"/>	Gung Fu [Beg. teens & adults] (Ages 13 & up)	Mon 8:00pm – 8:50pm	Room 7

Office Use Only: Date: \_\_\_\_\_ Amt: \$ \_\_\_\_\_ Form of Payment: \_\_\_\_\_

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**Please contact Martial Arts Coordinator, Sam Dungca (619) 977-9395,  
with questions about the Martial Arts classes.**

**PLEASE PRINT NEATLY**

Signature & Date: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_  
(required if student is a minor)

Address & Telephone: \_\_\_\_\_

Student's School (if applicable): \_\_\_\_\_

Email Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_  
(name and phone number)

**CLASS COST AND DISCOUNT**

Programs (per student)	Cost	Applied Discount
One martial arts program per one 10-week session	\$55.00	None
Two different martial arts programs in one 10-week session	\$100.00	10%

**PAYMENT INFORMATION**

We accept cash, check and the following credit cards.

Make checks payable to: New Hope Community Church ***Write child's name and class on memo line***

Visa
MasterCard
American Express
Discover

Card Number: \_\_\_\_\_ Exp Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

Name as it appears exactly on card: \_\_\_\_\_

Billing address: \_\_\_\_\_

By signing, you authorize New Hope Community Church to charge your credit card for this amount \$

Signature: \_\_\_\_\_

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**Notes**

1. Enrollment and Accidental Waiver forms must be submitted prior to class.
2. Each student must sign in prior to start of class.
3. All beginning classes are repetitive in curriculum.
4. Intermediate classes offer repetitive and new material.
5. Personal safety equipment (males only- protective groin cup) must be worn during class.
6. Gym type clothing attire required for all classes (uniform optional) and shoes are removed during class session.
7. A 10% discount applies if student enrolls in two different classes.
8. Safety gear and/or equipment will be supplied by both instructor and student during sparring or when necessary.

**NOTE:** Since this is a combative art, the possibility of bodily injury exists; which may include paralysis, dismemberment, disability and death. Therefore, signing the Release of Liability and Waiver Agreement, hereby releases all instructor's of the New Hope Community Church Martial Arts Club, liable (to the fullest extent permitted by law) from any injuries that could be/or sustained by participation, enrollment, during instructing and/or through teaching. I fully understand that if medical treatment is given by any instructor such treatment will be of first aid type only.

**Initial and date here:** \_\_\_\_\_

**Release of Liability and Waiver Agreement:**

For and in consideration of my participation in the "New Hope Community Church Martial Arts Club" program, I, the undersigned, intending to be legally bound, for myself, my heirs, next of kin, executors, personal representatives and administrators, hereby waive, hold harmless and release any and all rights to sue, all rights to damages or all rights to claims/liability I have against New Hope Community Church Martial Arts Club. This includes its governing body, officials, persons associated, and members (either individually or otherwise), for physical injuries or rights to damages suffered by me, directly or indirectly, unavoidably or negligently, including any future psychological and/or physical pain and suffering claims. The aforementioned could be from any of the following: arising out of negligence or otherwise, as a result of attending, participating in, practicing for, traveling to or from such activity, or against the owners, organizations, governing body, members or instructor(s) (either individually or otherwise), of the gymnasium, dojo, school, or place where held.

I, the undersigned, agree to defend, indemnify, and hold the instructors of the program (either individually or otherwise), harmless from any claims and action by third parties alleging injury from my use of the techniques and skills learned.

I, the undersigned, realize that I am responsible for providing my own medical insurance or medical coverage to cover any and all medical expenses I might incur in participating in this activity. I further certify that I am in proper health and physical condition to participate in such an activity.

I, the undersigned, waive any and all rights to compensation, in any form, for pictures, films, or videotapes taken of me in the above activity and grant permission for them to be used for any publicity or publication purposes.

I, the undersigned, have read this **Release of Liability and Waiver Agreement**, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

**CLASS CANCELLATION POLICY**

No make-up lessons or refunds due to absence. The New Hope Martial Arts Club reserves the right to cancel a class when the required minimum enrollment is not met. Minimum enrollment for Martial Arts Club classes is five participants. In the event that the Martial Arts Club cancels a class due to low enrollment, refunds will be issued on a pro-rated basis. For all other circumstances, no refunds or credits will be issued once the session has begun.

\_\_\_\_\_  
Print name of student

\_\_\_\_\_  
S.Dungca, Chief Instructor

\_\_\_\_\_  
Signature/date required

\_\_\_\_\_  
Received by/dated on