

NEW HOPE ARTS & SPORTS ACADEMY

Classes for Kids, Teens, and Adults!

New Session starts October 11th!

Most classes \$55 for 10 Weeks!

REGISTER ONLINE NOW!

www.go-newhope.com/signup.aspx

Performing
and Visual
Arts!

DANCE!

Creative Dance (Ages 2-4)
Tiny Tot Hip Hop (Ages 2-4)
Ballet (Ages 5-Teen)
Hip Hop (Ages 5-Teen)
Movin' with Mommy & Me
(18 mo-2 years)

VISUAL ART!

Art (Ages 5-Teen)
123, You & Me (Ages 1-3)

MUSIC!

(Ages 5-Adult)
Keyboard
Guitar
Voice
Drums

(Please call Aram Studios for
music lessons at 216-0909)

Sports and
Fitness!

FITNESS!

Zumba (Teen-Adult)
Pilates (Teen-Adult)
Gentle Yoga (Teen-Adult)
Kickbox Workout
(Teen-Adult)

SPORTS!

Soccer (Ages 2-4)
Upward Basketball -
Seasonal (Grades 1-6)
Archery - with Olympic
Athletes (Ages 6-Adult)

Martial
Arts!

MARTIAL ARTS!

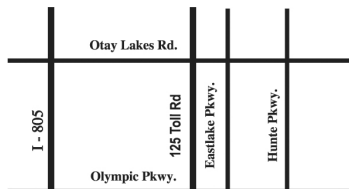
(Ages 6-Teen)
Capoeria
Eskrima
Ground Fighting Tactics
Karate

Schedule, Teacher Bios,
and Class Descriptions
available online at:
www.go-newhope.com

All classes are held
on the campus of

New Hope Community Church
2720 Olympic Parkway
Chula Vista, CA 91915

(619) 600-4160
for more information



★
New Hope
Church
Olympic
Training
Center

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